



Regulation

Insight

Piaget Research Center for Ecological Human Development

September 2024

CHAPTER I

CONSTITUTION, NAME, DURATION AND HEADQUARTERS

Article 1

Constitution and Name

1. INSIGHT – Piaget Research Center for Ecological Human Development, hereinafter referred to as INSIGHT, is a research center supervised by Piaget Institute – Cooperative for Human, Integral and Ecological Development, CRL.
2. INSIGHT is a multidisciplinary research center committed to promoting high-impact research with national and international reach. R&D activities aim to deepen knowledge and promote the quality of life and well-being of individuals and communities in the broader and integrated context of ecological, social and human development. Supported by innovative approaches in the fields of health, education, human movement, and technology and management, INSIGHT is committed to fostering integral development by promoting a comprehensive perspective that integrates the physical, psychological, social and environmental dimensions.
3. INSIGHT is dedicated to conducting innovative and applied research that explores the interconnections between human development and its environment. Its mission is to generate knowledge, drive positive social transformation supported by emerging technologies, contribute to the creation of sustainable and thriving communities, and promote the autonomy, quality of life and well-being of individuals.
4. The research work carried out at INSIGHT is based on five core values:
 - a. Holism: Taking a comprehensive approach to understanding human development in the context of social and ecological interconnectedness.
 - b. Sustainability: Integrate all research efforts and operational practices to meet human needs without compromising the ability of future generations to achieve physical and psychological development, as well as social and ecological well-being.
 - c. Capacity Building: Facilitate research with social impact, directly improving the well-being and capacity for action of the communities and individuals involved.
 - d. Innovation: Develop cutting-edge research, valuing the understanding of human problems and the creation of transformative solutions guided by emerging challenges and needs with high social and economic impact.
 - e. Integrity: Promotion of a scientific culture guided by ethical values and principles, so that scientific research activities are consistent with respect for people, beneficence and justice.
5. INSIGHT is structured into four research groups, each organized into two lines of research:
 - a. Health Research Group: 1) Health, Quality of Life and Well-being; 2) Health Literacy and Communication.
 - b. Education Research Group: 1) Lifelong Learning and Social Inclusion; 2) Pedagogical Innovation.
 - c. Human Movement Research Group: 1) Physical Activity and Functionality in the Life Cycle; 2) Physical Exercise and Sport.

- d. Research Group in Technology and Management: 1) Innovation, Sustainability and Human Behavior in Organizations; 2) Digital Transformation and Emerging Technologies.

Article 2

Duration

INSIGHT is established for an indefinite period.

Article 3

Headquarters

INSIGHT is headquartered at the Central Services of the Piaget Institute, at Av. João Paulo II, lot 544 - 2.º, 1900-726 Lisbon.

CHAPTER II

OBJECTIVES

Article 4

Objectives

INSIGHT develops its activities in favor of human and ecological development, in the strategic connection between the domains of health, education, human movement, technology and management, particularly in the social dimensions that are transversal to these areas of knowledge.

Its specific objectives, by Research Group, are the following:

1. Health Research Group:
 - 1.1. Investigate factors that impact disease prevention and health promotion, quality of life and well-being in different populations;
 - 1.2. Develop intervention programs to promote health and psychosocial adaptation to the disease;
 - 1.3. Promote health literacy (among the general population, but also among vulnerable groups);
2. Education Research Group:
 - 2.1. Promote research for inclusive and quality education in formal, non-formal and informal contexts;
 - 2.2. Produce knowledge that supports education for sustainable development, aiming at cohesion and social justice, the empowerment of the most vulnerable populations and the reduction of inequalities;
 - 2.3. Explore the effectiveness and efficiency of multiple formats of pedagogical innovation and educational transformation at different levels of education, using different strategies and instruments to promote academic success;
3. Human Movement Research Group:
 - 3.1. Investigate the motor behavior of children and adolescents;
 - 3.2. Generate innovative knowledge about the integration of aging processes, functionality, health and movement;
 - 3.3. Optimize individuals' motor performance and prevent injuries in sports and work contexts;

4. Technology and Management Research Group

- 4.1. Promote human potential and leadership in digital transformation, sustainability and modernization of organizations and territories;
- 4.2. Promote the technological literacy of citizens and organizations for the development of participatory, transparent and inclusive processes, oriented towards an inclusive society;
- 4.3. Propose, develop and adapt emerging technologies (Cybersecurity, Artificial Intelligence, Data Science, IoT, AR/VR, Blockchain) to support digital transformation.

CHAPTER III

MEMBERS, RIGHTS AND DUTIES

Article 5

Members

- 1) The following are eligible for INSIGHT membership:
 - a. Teachers and researchers from IP's Organic Units;
 - b. Researchers external to the IP;
 - c. Contractors or research fellows, in accordance with the scholarship regulations in force at the Foundation for Science and Technology (FCT);
 - d. Guest researchers who are associated with research projects promoted by INSIGHT.
- 2) Integrated members are PhD researchers who meet the scientific production indicators and eligibility rules defined by the FCT at all times, who explicitly express their desire to join and with the consent of the Coordinating Committee;
- 3) Collaborating members are researchers who do not meet the requirements of the previous point;
- 4) The admission of contracted researchers or research fellows is made upon proposal by the INSIGHT Coordinating Committee, in the context of programs specifically created by national or international funding entities, and must be approved by the IP Board of Directors;
- 5) The admission of guest researchers associated with research projects is made upon proposal by the INSIGHT Coordinating Committee, considering that they meet scientific production criteria relevant to the project in question, and the admission must be approved by the Scientific Coordinator of INSIGHT.

Article 6

Members' rights

Members' rights include:

- 1) Participate in the activities developed by INSIGHT, under the terms that may be defined by the INSIGHT Coordinating Committee and the IP Board of Directors;
- 2) Use the means and resources of the IP *Campi*, under the terms defined by the INSIGHT Coordinating Committee and the IP Board of Directors;
- 3) Participate and vote in meetings in which they have a place;
- 4) Propose and be proposed to the different bodies.

Article 7

Duties of members

- 1) Carry out research or provide services to civil society in their area of expertise and thereby contribute to the development of knowledge, or new methods, products and/or equipment;
- 2) Develop and systematize conceptual frameworks integrating knowledge and research methodologies to support the disciplinary areas to which it is assigned;
- 3) Contribute, through the IP's statutorily competent bodies, to the establishment of protocols with other public or private institutions for the implementation of R&D projects or the provision of services;
- 4) Contribute to INSIGHT's scientific production, through the publication of scientific articles and participating in scientific or cultural events, on scientific matters in its area of activity;
- 5) Submit research projects, preferably with external funding and/or integrate existing projects into INSIGHT;
- 6) Contribute to the application processes submitted by INSIGHT to obtain external funding;
- 7) Maintain respect for institutional values and contribute to their dignification, and maintain ethical standards considered appropriate to a teaching and/or research career.

CHAPTER IV

ORGANS AND THEIR FUNCTIONING

Article 8

Organs

INSIGHT Bodies are:

- 1) Scientific Coordinator and Assistant Coordinator;
- 2) Scientific Coordination of Research Groups;
- 3) Coordinating Committee;
- 4) Scientific Council;
- 5) Advisory Board.

Article 9

Scientific Coordinator and Assistant Coordinator

- 1) The Scientific Coordinator and the Assistant Coordinator of INSIGHT are appointed by IP Board of Directors, and their term of office ends when they are dismissed by the Board. All integrated members of INSIGHT are eligible for these positions;
- 2) The Scientific Coordinator of INSIGHT ensures quality scientific leadership, being the highest governing body and external representation of the Center and chairs the Coordinating Committee and the Scientific Council;
- 3) The Scientific Coordinator is responsible for the management activities of the funds available to INSIGHT, and is strictly responsible for authorizing any expenditure;
- 4) The Scientific Coordinator is a single-person body at INSIGHT, assisted in the exercise of his/her functions by the Assistant Coordinator;
- 5) The Assistant Coordinator will replace the Scientific Coordinator in his absences and impediments and whenever the latter delegates it;
- 6) The Scientific Coordinator's responsibilities include:
 - a. Coordinate all resources available to the Center to ensure the fulfillment of its objectives;
 - b. Represent and have the Center represented;
 - c. Authorize all expenses of the Center;
 - d. Convene the Scientific Coordination of the Research Groups;
 - e. Convene the Scientific Council of the Center;
 - f. Convene the Center's Coordinating Committee.

Article 10

Scientific Coordination of Research Groups

- 1) The Scientific Coordination of each INSIGHT Research Group (RG) is composed of a Coordinator and an Assistant Coordinator, who are appointed by the Scientific Coordinator of INSIGHT, from among the integrated members of each RG;
- 2) Each RG meets ordinarily once a quarter or, extraordinarily, whenever convened by the respective Scientific Coordination;
- 3) The Scientific Coordination of each RG is responsible for managing all the activities of its group, namely:
 - a. Coordination of the specific RG and articulation with the INSIGHT Coordination and other RG coordinations;
 - b. Preparation of the RG Activity Plan;
 - c. Preparation of the RG Activity Report;
 - d. Mobilization of the RG to establish partnerships, submit applications and obtain external funding.

Article 11

Coordinating Committee

- 1) The INSIGHT Coordinating Committee is composed of the Scientific Coordinator, the Assistant Coordinator and the Scientific Coordinators of each RG;
- 2) The Coordinating Committee meets ordinarily once a month or, extraordinarily, whenever convened by the Scientific Coordinator;
- 3) The INSIGHT Coordinating Committee is responsible for managing all the activities of its structure, namely:
 - a) Develop the Center's Strategic Plan;
 - b) Prepare and submit the Center's Annual Activity Plan and Budget for approval by the Center's Scientific Council;
 - c) Prepare the Annual Activity and Accounts Report, to be assessed by the Scientific Council;
 - d) Decide on acquisitions necessary for the operation of the Center;
 - e) Convene the Scientific Council of the Center;
 - f) Coordinate the activities of the RG;
 - g) Decide on the proposal for new members to join the Center;
 - h) Keep information updated on applications for projects, grants and other activities of interest to INSIGHT, together with all members of the Center;
 - i) Decide on any other matters relating to the Center's activities, if they are not the responsibility of another body.
- 4) The Coordinating Committee may operate remotely, using technological means that enable remote meetings, with electronic voting processes being permitted.

Article 12

Scientific Council

- 1) The Scientific Council is composed of all integrated members of INSIGHT;
- 2) The Scientific Council meets ordinarily once every six months or, extraordinarily, whenever convened by the Coordinating Committee or by at least one third of its members, with the matters discussed being recorded in minutes;
- 3) The Scientific Council shall meet at first call if at least half of its members are present at the appointed time. Otherwise, the Scientific Council shall meet 30 minutes later and shall operate with the members who are present;
- 4) The Scientific Council may operate remotely, using technological means that enable remote meetings, with electronic voting processes being permitted;
- 5) The Scientific Council is responsible for:
 - a. Assess and approve the Strategic Plan;
 - b. Assess and approve the Center's Annual Activity Plan and Budget;
 - c. Assess and approve the Annual Activity and Accounts Report;
 - d. Approve the creation, elimination or restructuring of Research Groups;
 - e. Approve the composition of the Advisory Board;
 - f. Deliberate on any matter that, due to its relevance, the Coordinating Committee understands should be submitted to the Scientific Council.

Article 13

Advisory Board

- 1) The Advisory Board is composed of individuals from outside the Piaget Institute, of recognized scientific merit in the areas of INSIGHT's activity, invited by the Coordinating Committee and validated by the Scientific Council;
- 2) The Advisory Council meets ordinarily once a year or, extraordinarily, whenever convened by the Coordinating Committee;
- 3) The Advisory Board may operate remotely, using technological means that enable remote meetings, with electronic voting processes being permitted;
- 4) The Advisory Board is responsible for:
 - a. Assess the Strategic Plan and recommend changes in order to meet the best international scientific practices;
 - b. Assess the Annual Activity Plan, providing suggestions for improvement in order to increase the quality of research produced by INSIGHT;
 - c. Assess the Annual Activity and Accounts Report.

CHAPTER V

OMITTED CASES

Article 14

Final provisions

Any omissions and doubts that arise in the application of this Regulation will be decided by the INSIGHT Coordinating Committee, in conjunction with the IP Board of Directors.

The Piaget Institute Board of Directors,



Lisbon, September 10, 2024